

OR....



PARTICIPATE IN A RECYCLING PROGRAM^{1,2}

 Specialist recycling companies, such as TerraCycle, offer schemes to recycle contact lens waste at no cost to lens wearers.

DROP OFF YOUR WASTE^{1, 2}

 Collect your waste and drop it off in a specialist recycling bin found at participating eye clinics.
Find your nearest location by visiting

www.bauschrecycles.com



DAILY DISPOSABLE LENSES^{1,2}

- **Best option:** Drop off collected lenses at a specialist recycling bin.
- If not accessible: throw them in the waste bin.
- IMPORTANT: Never flush your lenses down the toilet or sink!



- Ensure they are dry before dropping off.
- **Best option:** Drop off collected blister trays at a specialist recycling bin.
- If not accessible: throw them in the waste bin.

EXTERNAL PACKAGING^{1,2}

 Cardboard packaging can be recycled by municipal household waste management.



FOIL LIDS^{1, 2}

- **Best option:** Drop off collected foil lids at a specialist recycling bin.
- If not accessible: throw them in the waste bin.



CHECK LOCAL GUIDELINES FIRST

If your municipality can't process or sort a specific item, please check if a specialist recycling company can handle it.





UNIVERSITY OF WATERLOO FACULTY OF SCIENCE School of Optometry & Vision Science

1. Ng A, et al. Addressing Patients Concerns Around Recycling and Sustainable Contact Lens Wear. https://www.opticianonline.net/content/features/cls-addressing-core-questions-about-sustainability 2. Smith SL et al. An investigation into disposal and recycling options for daily disposable and monthly replacement soft contact lens modalities. Cont Lens Anterior Eye 2022;45(2):101435.