



# HOW TO DISPOSE OF REUSABLE CONTACT LENS WASTE



## PARTICIPATE IN A RECYCLING PROGRAM<sup>1, 2</sup>

- Specialist recycling companies, such as TerraCycle, offer schemes to recycle contact lens waste at no cost to lens wearers.

OR...

## DROP OFF YOUR WASTE<sup>1, 2</sup>

- Drop off your recyclables at participating stores of retailers like Specsavers or Boots.

## LENSES, BLISTER TRAYS & FOILS<sup>1, 2</sup>

- **Best option:** Use a recycling specialist.
- **If not accessible:** Throw in the waste bin.
- **IMPORTANT:** Never flush your lenses down the toilet or sink!
- Separate the foil lid from the plastic blister. Ensure they are dry before dropping off.

## LENS CASE<sup>1, 2</sup>

- Check if your eye clinic's specialist recycling box can accept them.
- Purchase a Zero Waste Box which can accept and recycle flexible and rigid plastic products.
- **If not accessible:** Throw in the waste bin.

## SOLUTION BOTTLES<sup>1</sup>

- Empty bottles can be recycled through municipal household waste management.

## MPS LID, STOPPER & TAMPER EVIDENT RINGS<sup>1, 2</sup>

- These small items cannot currently be recycled and must be thrown in a waste bin.

## EXTERNAL PACKAGING<sup>1, 2</sup>

- Cardboard packaging can be recycled by municipal household waste management.

## CHECK LOCAL GUIDELINES FIRST

If your municipality can't process or sort a specific item, please check if a specialist recycling company can handle it.

